

## 7th Grade Drugs Study Guide

### Definitions:

**Drug-** any chemical that affects the central nervous system causing changes in behavior and often addiction.

**Addiction-** the compulsive, uncontrolled use of habit-forming drugs.

**Withdrawal-** mental and physical problems that affect someone who is addicted and tries to stop using drugs.

**Intoxicate-** to excite or stupefy by alcoholic drinks or drugs to the point where physical and mental control is markedly diminished.

**Medicine-** drugs that are used to treat or prevent diseases and other conditions.

**Drug Misusers-** use a legal drug in an improper way.

**Drug Abusers-** use substances that are against the law.

### Main Types of Drugs:

**Stimulants:** Speed up the body's functions. (Increase breathing, heart rate, and blood pressure.) Make you feel alert and wakeful, prevent fatigue, and increase self confidence.

**Depressants:** Slow down the body's functions. (Decrease breathing, heart rate, and blood pressure.) Make you feel relaxed or tired.

**Narcotics:** Relieve or kill pain.

**Hallucinogens:** Distort moods, thoughts, and senses. Alters intellect and perception, also increase heart rate and breathing. Give you a false sense or reality.

**Inhalants:** Type of hallucinogen that is inhaled or sniffed through household items or aerosol cans.

## Information on Specific Drugs:

**Marijuana: Hallucinogen. (Weed, Reefer, Dope, Grass)** Usually smoked or digested causing a relaxed feeling. Causes memory loss, lack of ambition, increased heart rate, a huge appetite, and a decrease in body temperature. Using damages the heart and lungs and hurts body development. Long term effects include a decrease in the effectiveness of the immune system and a higher risk of cancer.

**PCP/LSD (Acid): Hallucinogen. (Angel Dust)** Usually liked or swallowed. Causes bizarre, violent, unpredictable behavior, temporary psychosis, and a false feeling of having super powers. Increase heart rate, blood pressure, and body temperature. Can also cause convulsions, hallucinations, depression, heart and lung failure, nausea, and sleeplessness.

**Mushrooms: Hallucinogen. (Magic Mushrooms)** Usually eaten and digested. Causes unpredictable behavior and causes the user to lose touch with reality. Can also cause memory loss and headaches.

**Inhalants: Hallucinogen. (Air blast, Moon Gas, Ames)** Usually sniffed from household products such as spray paint and other aerosol cans. Can result in instant death from heart failure, suffocation, and disruption of breathing. Can also cause unwanted weight loss, muscle weakness, disorientation, kidney and liver damage, damage to blood and bone marrow, and an inability to concentrate.

**Crystal Meth: Stimulant. (Ice or Glass)** Usually smoked. Gives you increased energy and a feeling of euphoria. Also causes increased nervousness, irritability, skin disorders, rapid dental decay, ulcers, mental illness, suicide, and paranoia.

**Ecstasy: Stimulant. (X, Adam, Roll)** Usually taken in a pill or powder form. Can be swallowed alone or dissolved in a drink. Increases heart rate, nausea, and depression. Can cause brain damage, depression, anxiety, and psychiatric disorders.

**Cocaine: Stimulant. (Blow, Coke, Foo-Foo Dust) Usually sniffed up the nose in a powder form. Can also be injected or smoked. Gives the user a temporary feeling of endless energy and exhilaration followed by an intense low causing depression. Can cause a heart attack, stroke, seizures, and ulcers.**

**Crack Cocaine: Stimulant. (Crack, Rock, Freebase) Usually smoked. Concentrated form of cocaine. Produces a fast intense high followed by an intense low.**

**Heroin: Narcotic. (Smack, Horse, Black Tar) Usually injected. Produces a feeling of no pain. Attempts to stop can cause extremely painful withdrawals. Can also cause pneumonia, collapsed veins, liver disease, and infection of the heart.**

**Anabolic Steroids: (Arnolds, Gym Candy, Pumpers, Roids, Stackers, Juice) Usually injected, also taken in pill form, or rubbed on the body in gel or cream form. These drugs are closely related to the male sex hormone testosterone. They are commonly used by athletes, bodybuilders, and others with the intent to improve athletic performance, muscle strength, and appearance.**

#### **Harmful Effects in Men and Women:**

<b>Severe Acne on Face and Back</b>	<b>Liver Damage</b>	<b>Blood Clots</b>
<b>Yellow Skin and Eyes</b>	<b>Urinary and Bowel Problems</b>	
<b>Bad Breath</b>	<b>Tendon Injuries</b>	<b>Brain Cancer</b>
<b>Diarrhea</b>	<b>Impotence</b>	
<b>Nausea</b>	<b>High Blood Pressure</b>	
<b>Bloating</b>	<b>Heart Disease</b>	
<b>Sore Joints</b>	<b>Strokes</b>	
<b>Mood Swings Aggressive Behavior</b>	<b>Kidney Disease</b>	

### **Harmful Effects in Women**

**Reduced Breast Size**

**Enlarged Clitoris**

**Deepened Voice**

**Menstrual Problems**

**Increase in Facial and Body Hair**

### **Harmful Effects in Men**

**Baldness**

**Headaches**

**Development of Breasts**

**Enlarged Prostate**

**Shrinkage of the Testicles**

**Reduced Sperm Count**

### **Reasons Why Teens Use Drugs:**

- 1. Fit In**
- 2. Feel Grown up**
- 3. Feel Good**
- 4. To Rebel or Take Risks**
- 5. Curiosity**

